FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					01	Sec	1011 30(11)		e mvesune	n C	ompany Aci	1 01 1940								
1. Name and Address of Reporting Person*						2. Issuer Name and Ticker or Trading Symbol Athira Pharma, Inc. [ATHA]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
Gengos Andrew															Directo	r		10% Ov	ner	
(Last) (First) (Middle)						3. Date of Earliest Transaction (Month/Day/Year)								x	Officer below)			Other (s below)	pecify	
(Last)	`	,	(Middle)		05/	05/18/2023							See Below							
C/O ATHIRA PHARMA, INC.																				
18706 NORTH CREEK PARKWAY, SUITE 104				4. lf	4. If Amendment, Date of Original Filed (Month/Day/Year)							Indiv ne)	ndividual or Joint/Group Filing (Check Applicable e)							
					-									X Form filed by One Reporting Person						
(Street) BOTHEI	LL W	/A	98011												Form fi Person		e than	One Repor	ting	
(City)	(S	itate)	(Zip)		Rule 10b5-1(c) Transaction Indication															
Check this box to indicate that a transaction was made pursu satisfy the affirmative defense conditions of Rule 10b5-1(c).																				
		Tal	ble I - Noi	n-Deri	ivative	e Se	ecurities	s Ac	quired,	Di	sposed o	of, or B	eneficia	dly (Owned					
1. Title of Security (Instr. 3) 2. Transau Date (Month/Date)						Day/Year) Ex		2A. Deemed Execution Date, if any (Month/Day/Year		e, Transaction Dispo Code (Instr. 5)		urities Acquired (A sed Of (D) (Instr. 3,		4 and Securitie Benefici		es Forr ally (D) o Following (I) (II		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership	
								Code	V	Amount	t (A) or P		•	Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution E if any (Month/Day	Date,	Code (Instr				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		D	. Price of perivative security nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisab	le	Expiration Date	Title	Amount or Number of Share			(Instr. 4)	011(3)			
Stock Options (right to buy)	\$2.84	05/18/2023			A		400,000		(1)		05/17/2033	Common Stock	400,00	0	\$0.00	400,00)0	D		

Explanation of Responses:

1. One-third (1/3) of the shares subject to the option shall be scheduled to vest on May 18, 2024, the one (1) year anniversary of May 18, 2023, and the remaining shares subject to the option shall be scheduled to vest monthly over the next 36 months on the 18th of each month, subject to the Reporting Person continuing to be a Service Provider (as defined in Athira Pharma, Inc.'s 2020 Equity Incentive Plan) through the applicable vesting dates, as follows: one-third (1/3) of the shares subject to the option shall be scheduled to vest in equal monthly amounts over the next 12 months; one-sixth (1/6) of the shares subject to the option shall be scheduled to vest in equal monthly amounts over the next 12 months; one-sixth (1/6) of the shares subject to the option shall be scheduled to vest in equal monthly amounts over the final 12 months.

Remarks:

Chief Financial Officer and Chief Business Officer

/s/ Mark Worthington, 05/22/2023 Attorney-in-fact for Andrew **Gengos**

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

OMB APPROVAL

POWER OF ATTORNEY

The undersigned, as a Section 16 reporting person of Athira Pharma, Inc. (the "Company"), hereby constitutes and appoints Mark Worthington, Barbara Mery and each of the responsible attorneys and paralegals of Wilson Sonsini Goodrich & Rosati, Professional Corporation, the undersigned's true and lawful attorney-in-fact to:

1. complete and execute Forms ID, 3, 4, and 5 and other forms and all amendments thereto as such attorney-in-fact shall in his or her discretion determine to be required or advisable pursuant to Section 16 of the Securities Exchange Act of 1934 (as amended) and the rules and regulations promulgated thereunder, or any successor laws and regulations, as a consequence of the undersigned's ownership, acquisition or disposition of securities of the Company; and

2. do all acts necessary in order to file such forms with the Securities and Exchange Commission, any securities exchange or national association, the Company and such other person or agency as the attorney-in-fact shall deem appropriate.

The undersigned hereby ratifies and confirms all that said attorneys-in-fact and agents shall do or cause to be done by virtue hereof. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934 (as amended).

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms ID, 3, 4 and 5 with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the Company and the foregoing attorneys-in-fact.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of May 11, 2023 \$.

Signature: /s/ Andrew Gengos Andrew Gengos