SEC For	m 4																	
FORM 4			UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549												OMB APPROVAL			
Section 16. Form 4 or Form 5 obligations may continue. See					AT OF CHANGES IN BENEFICIAL OWNERSH d pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940							HIP	OMB Number: 3235-0287 Estimated average burden hours per response: 0.5					
1. Name and Address of Reporting Person [*] Worthington Mark					2. Issuer Name and Ticker or Trading Symbol <u>Athira Pharma, Inc.</u> [ATHA]							eck all applica Director	able)	,		ner		
(Last) (First) (Middle) C/O ATHIRA PHARMA, INC. 18706 NORTH CREEK PARKWAY, SUITE 104					3. Date of Earliest Transaction (Month/Day/Year) 01/19/2023							below)			Other (s below) nsel	pecity		
(Street) BOTHELL WA 98011				4	Line) X								vidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting					
(City)	(S	tate)	(Zip)		Persor													
		Та	ble I - Non-I	Derivati	ive Se	ecurities	s Ac	quired, D	isposed o	of, or Be	neficially	/ Owned						
Date			. Transacti ate Month/Day	Executio		Date	Code (Ins			ed (A) or .tr. 3, 4 and 5	5. Amoun Securities Beneficia Owned Fo Reported	s Form Ily (D) or ollowing (I) (In		: Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
							Code V	Amount	(A) o (D)	r Price	Transacti (Instr. 3 a	on(s)			inisti. 4)			
			Table II - Do (e					uired, Dis s, options,				Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Yea	Code	action (Instr.	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exerc Expiration Da (Month/Day/)	ate	7. Title an of Securit Underlyin Derivative (Instr. 3 ar	ies g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)					
Stock Option (Right to Buy)	\$3.37	01/19/2023		A		150,000		(1)	01/18/2033	Common Stock	150,000	\$0.00	150,00	00	D			

Explanation of Responses:

1. One thirty-sixth (1/36th) of the shares subject to the option will vest on February 19, 2023 and one thirty-sixth of the shares subject to the option will vest each month thereafter.

Remarks:

/s/ Glenna Mileson, Attorneyin-Fact for Mark Worthington 01/23/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.