FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Litton Mark James</u>				2. Issuer Name and Ticker or Trading Symbol Athira Pharma, Inc. [ATHA]								Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner Officer (give title Other (specify)					
(Last) (First) (Middle) C/O ATHIRA PHARMA, INC. 18706 NORTH CREEK PARKWAY, SUITE 104				3. Date of Earliest Transaction (Month/Day/Year) 06/22/2022								X Officer (give title Officer (specify below) Chief Executive Officer					
(Street) BOTHEI	LL W	A 9	98011	4. If	Amendmen	t, Dat	e of Oriç	of Original Filed (Month/Day/Year)				6. Individual or Joint/Group Filing (Check Applicabl Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(St		Zip)														
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/You			2A. Deemed Execution Date, ear) if any		3. Transaction Code (Instr. 5)		-		5. Amo Securi Benefi	5. Amount of Securities Beneficially		nership Direct Indirect					
				(Month/Da		Year)	8) Code	v	Amount	(A) or (D)	Price	Report Transa	Owned Following Reported Transaction(s) (Instr. 3 and 4)		tr. 4)	Ownership (Instr. 4)	
Common	Stock ⁽¹⁾		05/18/202	2(2)			A	V	757	Α	\$7.06	(3) 11	6,515	1	D		
Common Stock		06/22/202	22	2		Α		20,000(4)	Α	\$0.00	0 13	136,515		D			
Common Stock		06/23/202	22			S ⁽⁵⁾		7,960	D	\$2.69	(6) 12	128,555		D			
Common Stock											6	6,563		I	By Irrevocable Trust of OSL ⁽⁷⁾		
Common Stock											6	6,563		I	By Irrevocable Trust of SWL ⁽⁸⁾		
Common Stock										6	6,563		I	By Irrevocable Trust of WGL ⁽⁹⁾			
		Та	ble II - Derivat (e.g., pt						sposed of, , convertib				ed				
1. Title of Derivative Security (Instr. 3)	Title of 2. 3. Transaction 3A. Deemed Execution Date, curity or Exercise (Month/Day/Year)		4. Trans	4. Transaction Code (Instr. 5. Number of Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	derivati Securit Benefic Owned Follow Report Transa	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		hip hip of Indirect Beneficial Ownership (Instr. 4)		
	n of Respons			Code V (A)		(D	Date Exer	e rcisabl	Expiration le Date	Title	Amount or Number of Shares	per					

- 1. The reporting person is voluntarily reporting the acquisition of shares of the issuer's common stock pursuant to the Athira Pharma, Inc. 2020 Employee Stock Purchase Plan ("ESPP"), for the ESPP Purchase Period (as defined in the ESPP) of November 18, 2021 through May 18, 2022. This transaction is also exempt under Rule 16b-3(c).
- 2. The Purchase Period ended May 18, 2022 and is the Purchase Period comprising the Offering Period (as defined in the ESPP) that began November 18, 2021.
- 3. In accordance with the ESPP, these shares were purchased based on 85% of the closing price on May 18, 2022.
- 4. On November 3, 2021, the reporting person was granted restricted stock units ("RSUs") representing 60,000 shares of Common Stock of the Issuer. The RSUs were scheduled to vest according to the following schedule: (1) one third (1/3rd) of the number of shares subject to the RSU award vest at the completion of the public readout of topline results of the Issuer's ACT-AD Phase 2 clinical trial; (2) one third (1/3rd) of the number of shares subject to the RSU award vest at the completion of the public readout of topline results of the Issuer's LIFT-AD Phase 2/3 clinical trial (the "LIFT-AD Readout") and (3) one third (1/3rd) of the number of shares subject to the RSU award vest six (6) months after the LIFT-AD Readout, in each case subject to continued service with the Issuer through the applicable vesting date. On June 22, 2022, the Issuer completed the public readout of topline results of the ACT-AD Phase 2 clinical trial and 20,000 RSUs vested and settled on such date.
- 5. The reported shares were sold to cover the Issuer's tax withholding obligations in connection with the vesting of RSUs. Such sale was made pursuant to an Issuer-mandated policy and was not subject to
- 6. The "Amount" and "Price" reported in this Column 4 reflect the aggregate number and weighted-average price, respectively, of shares sold. These shares were sold in multiple transactions at prices ranging from \$2.62 to \$2.78, inclusive. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the SEC staff, upon request, full information regarding the number of shares sold at each separate price within the range set forth herein.
- 7. Reflects Common Stock held by Irrevocable Trust of OSL held for the benefit of Dr. Litton's children.
- 8. Reflects Common Stock held by Irrevocable Trust of SWL held for the benefit of Dr. Litton's children.
- 9. Reflects Common Stock held by Irrevocable Trust of WGL held for the benefit of Dr. Litton's children

Remarks:

/s/ Glenna Mileson, Attorney- 06/24/2022 in-Fact on behalf of Mark Litton

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.