FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPR	OVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1(c). See Instruction 10.														
Name and Address of Reporting Person* Litton Mark James	2. Issuer Name and Ticker or Trading Symbol Athira Pharma, Inc. [ATHA]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Uniform 10% Owner							
(Last) (First) (Midd C/O ATHIRA PHARMA, INC. 18706 NORTH CREEK PARKWAY, SI	,	3. Date of Earliest Transaction (Month/Day/Year) 09/03/2024							Officer (give title below) Other (specify below) President and CEO					
(Street) BOTHELL WA 980	11	4. If Amendn	nent, Da	te of Or	iginal	Filed (Month/[Day/Yea		6. In Line) Z Form	filed by (oup Filing One Repor	ting Pers	on
(City) (State) (Zip)														
Table I - Non-De 1. Title of Security (Instr. 3) 2. Transac Date (Month/Da		2A. Deeme	Acquired, Disposed of, or Benef 3. Transaction Code (Instr. 8) 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and Disposed Of (D) (Instr. 3)				5. Amount of		nt of s lly ollowing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
					v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		on(s)	(111501.4)		511. 4)
Common Stock	09/03/2024(1)		A		20,000(2)	A	\$0		164,	397	D		
Common Stock	09/05/2024			S ⁽³⁾		5,032	D	\$0.56	6(4)	159,	365	D		
Common Stock										6,5	63	I	Tı	revocable rust of SL ⁽⁵⁾
Common Stock										6,5	63	I	Tı	revocable rust of WL ⁽⁶⁾
Common Stock										6,5	63	I	Tı	y revocable rust of GL ⁽⁷⁾
Table	II - Derivativ					sposed of s, converti				/ Owne	d			
1. Title of 2. 3. Transaction Derivative Conversion Date Execution Date, (Month/Day/Year) If any		· · · · · · · · · · · · · · · · · · ·		er 6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Tit Amo Secu Unde Deriv Secu	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)			9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		wnership orm: rect (D) Indirect (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
		Code V	(A) (E	Dat D) Exc	te ercisal	Expiration Date	n Title	Amour or Number of Shares	er					

- 1. On November 3, 2021, the reporting person was granted restricted stock units ("RSUs") representing 60,000 shares of Common Stock of the Issuer. The RSUs are scheduled to vest according to the following amended vesting schedule: (1) one third (1/3rd) of the number of shares subject to the RSU award vest at the completion of the public readout of topline results of the Issuer's ACT-AD Phase 2 clinical trial; (2) one third (1/3rd) of the number of shares subject to the RSU award vest as of the date the Compensation Committee (the "Committee") determines that enrollment of the Company's LIFT-AD Phase 2/3 clinical trial has been completed, and (3) one third (1/3rd) of the number of shares subject to the RSU award vest as of the completion of the public readout of topline results of the Issuer's LIFT-AD Phase 2/3 clinical trial (the "LIFT-AD Readout"), in each case subject to continued service with the Issuer through the applicable vesting date.
- 2. On September 3, 2024, the Company completed the public readout of the topline results of its LIFT-AD Phase 2/3 clinical trial and 20,000 RSUs vested on such date.
- 3. Represents shares of common stock sold to cover tax withholding and remittance obligations in connection with the vesting of RSUs pursuant to mandatory "sell to cover" policies maintained by the issuer and provisions contained in the reporting person's applicable RSU agreement, and does not represent a discretionary sale by the reporting person.
- 4. The "Amount" and "Price" reported in this Column 4 reflect the aggregate number and weighted-average price, respectively, of shares sold. These shares were sold in multiple transactions at prices ranging from \$0.5505 to \$0.5751, inclusive. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the SEC staff, upon request, full information regarding the number of shares sold at each separate price within the range set forth herein.
- 5. Reflects Common Stock held by Irrevocable Trust of OSL held for the benefit of Dr. Litton's children.
- 6. Reflects Common Stock held by Irrevocable Trust of SWL held for the benefit of Dr. Litton's children.
- 7. Reflects Common Stock held by Irrevocable Trust of WGL held for the benefit of Dr. Litton's children

/s/ Mark Worthington, Attorney-in-Fact for Mark

James Litton

** Signature of Reporting Person Date

09/05/2024

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.