SEC For	m 4																		
FORM 4 U			UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549													OMB APPROVAL			
Section 16. Form 4 or Form 5 obligations may continue. See					ed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940								SHIP Estimated av hours per res			erage burden	3235-0287 0.5		
1. Name and Address of Reporting Person [*] Worthington Mark					2. Issuer Name and Ticker or Trading Symbol <u>Athira Pharma, Inc.</u> [ATHA]								eck all applic Director	able)	10		Issuer 6 Owner er (specify		
(Last) (First) (Middle) C/O ATHIRA PHARMA, INC. 18706 NORTH CREEK PARKWAY, SUITE 104					3. Date of Earliest Transaction (Month/Day/Year) 11/03/2021								X Onice (give the below) below) General Counsel						
(Street) BOTHELL WA 98011				· •	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting						
(City)	(S	(State) (Zip)										Person							
		Та	ble I - Non	-Deriva	tive S	ecuritie	s Ac	quired, I	Disp	osed o	of, or Be	neficially	/ Owned						
Date			2. Transac Date (Month/Da		2A. Deemed Execution Date if any (Month/Day/Yea		Code (Ir					5. Amour Securitie Beneficia Owned F Reported	s Form Illy (D) o ollowing (I) (In		n: Direct r Indirect Istr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
								Code	v	Amount	(A) o (D)	r Price	Transacti (Instr. 3 a			`			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Dat if any (Month/Day/Ye	Cod	saction e (Instr.	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisal Expiration Date (Month/Day/Year		of Securities		ies g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
				Cod	e V	(A)		Date Exercisable		piration ate	Title	Amount or Number of Shares	unt (Inst	(Instr. 4)					
Stock Option (Right to Buy)	\$15.34	11/03/2021		A		150,000		(1)	11	/02/2031	Common Stock	150,000	\$0.00	150,000	0	D			

Explanation of Responses:

1. One-fourth of the shares subject to the option vest on June 1, 2022 and one-fourth of the shares subject to the option vest on each subsequent anniversary thereafter.

Remarks:

/s/ Glenna Mileson, Attorney in Fact for Mark Worthington <u>11/05/2021</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.