FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington,	D.C. 20549
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Worthington Mark					Ath	2. Issuer Name <b>and</b> Ticker or Trading Symbol Athira Pharma, Inc. [ ATHA ]									k all app Direct Office	onship of Reporting all applicable) Director Officer (give title below)		10% O	Owner (specify
(Last) (First) (Middle) C/O ATHIRA PHARMA, INC. 18706 NORTH CREEK PARKWAY, SUITE 104						3. Date of Earliest Transaction (Month/Day/Year) 06/22/2022									20.0	General Co		,	
(Street) BOTHELL WA 98011					4. If /	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person					
(City)	(Sta	ate) (Z	Zip)																
		Table	I - No	n-Deriva	tive S	Secur	rities	s Acc	uired	, Dis	posed of	or B	enefi	icially	y Own	ed			
Date				2. Transact Date (Month/Day	Execu y/Year) if any		Deemed ution Date, y hth/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Disposed Of 5)	Acquired (A) or (D) (Instr. 3, 4 ar		or and	5. Amo Securit Benefic Owned Report	ties cially I Following	Form (D) o	vnership n: Direct r Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
							Code	v	Amount	(A) or (D)	r Pri	ce	Transa	action(s) 3 and 4)			(		
Common Stock <sup>(1)</sup> 05/1					22(2)				A	V	3,396	A	\$7	7.06 <sup>(3)</sup>	6 <sup>(3)</sup> 11,711			D	
Common Stock 06/22/20					.022	)22			A		10,000(4)	0,000 <sup>(4)</sup> A		0.00	21,711			D	
Common Stock 06/23/2					022				S <sup>(5)</sup>		2,614	D	\$2	2.69(6)	6) 19,097			D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	tive Conversion Date Execution Date, T ty or Exercise (Month/Day/Year) if any					Transaction Code (Instr.		umber ivative urities uired or oosed O) tr. 3, 4	6. Date Exerc Expiration Da (Month/Day/		ate	7. Title and Amount of Securities Underlying Derivative Security (In: 3 and 4)		De Se (In	Price of rivative curity str. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code		v	(A)	(D)	Date Exercisable		Expiration Date		Amour or Number of Shares	er					

## **Explanation of Responses:**

- 1. The reporting person is voluntarily reporting the acquisition of shares of the issuer's common stock pursuant to the Athira Pharma, Inc. 2020 Employee Stock Purchase Plan ("ESPP"), for the ESPP Purchase Period (as defined in the ESPP) of November 18, 2021 through May 18, 2022. This transaction is also exempt under Rule 16b-3(c).
- 2. The Purchase Period ended May 18, 2022 and is the Purchase Period comprising the Offering Period (as defined in the ESPP) that began November 18, 2021.
- 3. In accordance with the ESPP, these shares were purchased based on 85% of the closing price on May 18, 2022.
- 4. On November 3, 2021, the reporting person was granted restricted stock units ("RSUs") representing 30,000 shares of Common Stock of the Issuer. The RSUs were scheduled to vest according to the following schedule: (1) one third (1/3rd) of the number of shares subject to the RSU award vest at the completion of the public readout of topline results of the Issuer's ACT-AD Phase 2 clinical trial; (2) one third (1/3rd) of the number of shares subject to the RSU award vest at the completion of the public readout of topline results of the Issuer's LIFT-AD Phase 2/3 clinical trial (the "LIFT-AD Readout") and (3) one third (1/3rd) of the number of shares subject to the RSU award vest six (6) months after the LIFT-AD Readout, in each case subject to continued service with the Issuer through the applicable vesting date. On June 22, 2022, the Issuer completed the public readout of topline results of the ACT-AD Phase 2 clinical trial and 10,000 RSUs vested and settled on such date.
- 5. The reported shares were sold to cover the Issuer's tax withholding obligations in connection with the vesting of RSUs. Such sale was made pursuant to an Issuer-mandated policy and was not subject to
- 6. The "Amount" and "Price" reported in this Column 4 reflect the aggregate number and weighted-average price, respectively, of shares sold. These shares were sold in multiple transactions at prices ranging from \$2.62 to \$2.78, inclusive. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the SEC staff, upon request, full information regarding the number of shares sold at each separate price within the range set forth herein.

## Remarks:

/s/ Glenna Mileson, Attorneyin-Fact for Mark Worthington \*\* Signature of Reporting Person

06/24/2022

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.