FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Vashington,	D.C.	20549	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
hours per response:	0.5							

							()				, ,								
Name and Address of Reporting Person* JOHNSON JAMES A					2. Issuer Name and Ticker or Trading Symbol Athira Pharma, Inc. [ATHA]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
												X	Directo	or 10% Ov		10% Ow	ner		
(Last)	(F	irst)	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 05/19/2023									Officer below)	(give title		Other (spelow)	pecify
C/O ATHIRA PHARMA, INC.																aliaalala			
18706 NORTH CREEK PARKWAY, SUITE 104			4. 17	4. If Amendment, Date of Original Filed (Month/Day/Year)							Individual or Joint/Group Filing (Check Applicable Line)								
				.										X Form filed by One Reporting Person					
(Street) BOTHELL WA 98011														Form filed by More than One Reporting Person					
DOTTIE	UL "	11	50011		Б	Dulo 10hE 1(a) Transaction Indication													
			<i>-</i>		Tivu	Rule 10b5-1(c) Transaction Indication													
(City)	(S	tate)	(Zip)			Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.									d to				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
			10 1 11011			_			' '						_			1-	
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da					Execution Dat			e, Transaction Dis Code (Instr. 5)		Dispose	Securities Acquired (A sposed Of (D) (Instr. 3,				es Form		m: Direct or Indirect E	7. Nature of Indirect Beneficial Ownership	
						Code				v	Amount	mount (A) or (D)		rice	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of	2.	3. Transaction	3A. Deeme	ч	4.		5. Numb	ner l	6. Date Exer	rcica	hle and	7. Title ar	nd .	T	B. Price of	9. Number	of	10.	11. Nature
Derivative Conversion Date Exercise (Month/Day/Year) if an		Execution if any (Month/Day	tion Date, T		Transaction Code (Instr. 3)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)			Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)		Derivative Security (Instr. 5)		у	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisable		piration ate	Title	Amo or Num of Shar	nber					
Stock Option (Right to	\$2.89	05/19/2023			A		20,900		(1)	05	/18/2033	Common Stock	20,	900	\$0.00	20,900		D	

Explanation of Responses:

Remarks:

/s/ Mark Worthington, 05/22/2023 attorney-in-fact on behalf of James A. Johnson

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{1.} The shares subject to the option will vest on the earlier of (i) May 19, 2024, or (ii) the day immediately before the date of the next annual meeting of the Issuer's stockholders that occurs after May 19, 2023. The option reported was granted pursuant to the terms of the Issuer's Outside Director Compensation Policy.

The undersigned, as a Section 16 reporting person of Athira Pharma, Inc. (the "Company"), hereby constitutes and appoints Mark Worthington, Barbara Mery and each of the responsible attorneys and paralegals of Wilson Sonsini Goodrich & Rosati, Professional Corporation, the undersigned's true and lawful attorney-in-fact to:

- 1. complete and execute Forms ID, 3, 4, and 5 and other forms and all amendments thereto as such attorney-in-fact shall in his or her discretion determine to be required or advisable pursuant to Section 16 of the Securities Exchange Act of 1934 (as amended) and the rules and regulations promulgated thereunder, or any successor laws and regulations, as a consequence of the undersigned;s ownership, acquisition or disposition of securities of the Company; and
- 2. do all acts necessary in order to file such forms with the Securities and Exchange Commission, any securities exchange or national association, the Company and such other person or agency as the attorney-in-fact shall deem appropriate.

The undersigned hereby ratifies and confirms all that said attorneys-in-fact and agents shall do or cause to be done by virtue hereof. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934 (as amended).

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms ID, 3, 4 and 5 with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the Company and the foregoing attorneys-in-fact.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of May 18, 2023.

Signature: /s/ James Johnson James Johnson