SEC For	m 4															
FORM 4 UNITED				STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549										OMB APPROVAL		
Section 16. Form 4 or Form 5 obligations may continue. See						Pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940							Estimated average burden		3235-0287 n 0.5	
1. Name and Address of Reporting Person [*] Panzara Michael A.					2. Issuer Name and Ticker or Trading Symbol Athira Pharma, Inc. [ATHA]								of Reporting cable) or (give title	10% Owner		
(Last) (First) (Middle) C/O ATHIRA PHARMA, INC.					3. Date of Earliest Transaction (Month/Day/Year) 05/20/2022							below)		below)		
(Street)	18706 NORTH CREEK PARKWAY, SUITE : (Street) BOTHELL WA 98011			4.1	4. If Amendment, Date of Original Filed (Month/Day/Year)							 Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person 				
(City)	(St	ate) (Zip)													
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
Date				Transaction e onth/Day/Ye	ar) E	A. Deem xecutior any /onth/Da	Date	, Transaction Dispose Code (Instr. 5) 8)		ities Acquired (A) or d Of (D) (Instr. 3, 4 ar		Benefici Owned I Reporte	es I ally (Following (d	Form: Direct D) or Indirect I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code V	V Amount (A) or (D) F		r Price	Transac (Instr. 3	and 4)			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Yea	Code (5. Number on of		6. Date Exerc Expiration Da (Month/Day/N	ate	7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
Stock Option (Right to Buy)	\$8.93	05/20/2022		А		2,311		(1)	05/19/2032	Common Stock	2,311	\$0.00	2,311	D		

Explanation of Responses:

1. The shares subject to the option will vest on the earlier of (i) May 20, 2023, or (ii) the day immediately before the date of the next annual meeting of the Issuer's stockholders that occurs after May 20, 2022. The option reported was granted pursuant to the terms of the Issuer's outside director compensation policy.

Remarks:

Glenna Mileson, Attorney-in-	05/27/2
fact for Michael A. Panzara	03/2//2

** Signature of Reporting Person

2022

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.