FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Panzara Michael A.				2. Issuer Name and Ticker or Trading Symbol Athira Pharma, Inc. [ATHA]						(Ch	5. Relationship of Reporting Person(s) to Is (Check all applicable) X Director 10% C						
(Last)	(Fi	,	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 03/18/2022						Officer below)	(give title		Other (specifically below)	pecify		
18706 NORTH CREEK PARKWAY, SUITE 104				4.	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable					
(Street)	LL W	Ά	98011								Line	X Form fi	led by One led by More		Ü		
(City)	(S	tate)	(Zip)														
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
Date				Transactior ate lonth/Day/Y	Execution Date,		3. 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4) (1) (1) (1) (1) (1) (1) (1) (1) (1) (1				5. Amour Securitie Beneficia Owned F Reported	s ally ollowing	6. Owne Form: D (D) or In (I) (Instr.	oirect of direct E . 4) C	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
						Code V	Amount	(A) or (D)	Price	Transact (Instr. 3 a	ction(s)		"	instr. 4)			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3) Price of Derivative Security		Exercise (Month/Day/Year) ice of crivative	3A. Deemed Execution Date, if any (Month/Day/Year)	Code		n of E		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amoun of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	y Di or (I)	o. wnership orm: irect (D) r Indirect (Instr. 4)	Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares						
Stock Option (Right to Buy)	\$10.62	03/18/2022		A		27,742		(1)	03/17/2032	Common Stock	27,742	\$0.00	27,742		D		

Explanation of Responses:

1. One thirty-sixth of the shares subject to the option will vest on April 18, 2022 and one thirty-sixth of the shares subject to the option will vest each month thereafter.

Remarks:

Glenna Mileson, Attorney-infact for Michael Panzara

03/21/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).