SEC For	m 4																		
FORM 4			UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549														OMB APPROVAL		
Section obligat	this box if no k n 16. Form 4 o ions may conti tion 1(b).		STATEMENT OF CHANGES IN BENEFICIAL OWNE Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940									_	HIP	Estim	Numbe nated av	erage burde	3235-0287 n 0.5		
	nd Address of ngton Ma			2. Issuer Name <b>and</b> Ticker or Trading Symbol Athira Pharma, Inc. [ ATHA ]									elationship o ck all applic Director	able) -	ig Pers	on(s) to Iss 10% O Other (	wner		
(Last) C/O ATH	(Last) (First) C/O ATHIRA PHARMA, INC.				3. Date of Earliest Transaction (Month/Day/Year) 02/14/2024									X Officer (give title Other (spec below) below) GENERAL COUNSEL				specity	
18706 NORTH CREEK PARKWA (Street)			Y, SUITE 104		4. If Amendment, Date of Original Filed (Month/Day/Year)								Line	X Form filed by One Reporting Person					
1 · · · ·	BOTHELL WA 98011													Form filed by More than One Reporting Person					
(City) (State) (Zip)					Rule 10b5-1(c) Transaction Indication   Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plat the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.									olan that	is intended	to satisfy			
		Та	ble I - Nor	n-Deriva	tive S	ecuritie	s Ac	qui	ired, Di	ispo	osed o	of, or Be	neficially	Owned					
Date				2. Transac Date (Month/Da		2A. Deemed Execution Date, if any (Month/Day/Year)		,  1	3. Transactio Code (Inst 8)				ed (A) or tr. 3, 4 and 5	) or 4 and 5) 5. Amount Securities Beneficially Owned Fol Reported		Form	mership : Direct · Indirect str. 4)	7. Nature of Indirect Beneficial Ownership	
								-	Code V	Amount		(A) oi (D)	Price	Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
			Table II -	Derivati (e.g., pu										Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Da if any (Month/Day/	Cod	saction e (Instr.	Derivative		Exp	Date Exerc biration Da binth/Day/N	ate	e and	7. Title and of Securiti Underlying Derivative (Instr. 3 ar	es 9 Security	8. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securitie Beneficia Owned Followin Reported	e Ownersh s Form: ally Direct (D or Indire g (I) (Instr.	Ownership	Beneficial ) Ownership ct (Instr. 4)	
				Cod	e V			Date Exe	e ercisable	Expiration Date		Title	Amount or Number of Shares		Transaction(s) (Instr. 4)				

Option (Right to Buy) Explanation of Responses:

\$3.26

Stock

1. Shares subject to the option shall be scheduled to vest monthly over a term of 48 months on the monthly anniversaries of the grant date, subject to the optionee continuing to be a Service Provider (as defined in the Issuer's 2020 Equity Incentive Plan) through the applicable vesting dates.

(1)

## /s/ Mark Worthington

220,000

Common Stock

02/13/2034

\*\* Signature of Reporting Person Date

\$<mark>0</mark>

220,000

02/16/2024

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\ast}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

02/14/2024

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Α

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

220,000