FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT	OF CHANG	SES IN BE	NEFICIAL	OWNERSHIP

OMB APPROVAL								
OMB Number: 3235-0287								
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hours per response:	0.5							

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	nd Address of o <u>Kelly A</u>	Reporting Person*		<u>A</u>	thira	Pharn	na,	ker or Trading Inc. [ ATH	A ]		(Ch	telationship (eck all applice)  X Director	cable)	Person(s) to Is:	
(Last)	(Fi	irst)	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 05/24/2024							Officer below)	(give title	Other ( below)	specify
C/O ATHIRA PHARMA, INC. 18706 NORTH CREEK PARKWAY, SUITE 104			4.	If Amendment, Date of Original Filed (Month/Day/Year)					Line	6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person					
(Street)	LL W	'A	98011									Form f Persor		than One Repo	orting
(City)	(S	tate)	(Zip)	R	Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.							d to			
		Tab	le I - Non-D	Derivativ	e Sec	curities	s Ac	quired, Di	sposed o	of, or Be	neficiall	y Owned	l		
Date			Transaction ate Ionth/Day/Y	Execution Date,		Code (Ins	Transaction Disposed Of (D) (Instr. 3, 4)			5. Amou Securitie Beneficia Owned F Reported	es F ally (I Following (I	i. Ownership Form: Direct D) or Indirect I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
						Code V	Amount	(A) or (D) Price		Transact (Instr. 3	ion(s)		(		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
Derivative Conversion Date Execution Date, Security or Exercise (Month/Day/Year) if any		Code	ransaction of ode (Instr. Derivative		Expiration Date o (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Option (Right to Buy)	\$2.64	05/24/2024		A		20,900		(1)	05/23/2034	Common Stock	20,900	\$0	20,900	D	

1. The shares subject to the option will vest on the earlier of (i) May 24, 2025, or (ii) the day immediately before the date of the next annual meeting of the Issuer's stockholders that occurs after May 24, 2024. The option reported was granted pursuant to the terms of the Issuer's Outside Director Compensation Policy.

/s/ Mark Worthington, Attorney 05/24/2024 in fact for Kelly A. Romano

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.