FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Worthington Mark					2. Issuer Name and Ticker or Trading Symbol Athira Pharma, Inc. [ATHA]						(Che	ck all applic Director	able)	ting Person(s) to Issuer 10% Owner Other (specify		ner
(Last) (First) (Middle) C/O ATHIRA PHARMA, INC. 18706 NORTH CREEK PARKWAY, SUITE 104					3. Date of Earliest Transaction (Month/Day/Year) 10/01/2024							below) General Counsel and CCO				
(Street) BOTHE	LL W		98011 (Zip)	4.	4. If Amendment, Date of Original Filed (Month/Day/Year)						6. In Line	,				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned															
1. Title of Security (Instr. 3) 2. Transa Date				ansactio				3. Transacti Code (Ins	4. Secur Dispose tr.	ities Acquire d Of (D) (Ins	ed (A) or tr. 3, 4 and 5	5. Amoun	ly (D) or (I) (In on(s)		Direct Indirect I	7. Nature of ndirect Beneficial Ownership Instr. 4)
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	titive Conversion Date Execution Date, T ity or Exercise (Month/Day/Year) if any C		4. Transa Code 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amoun of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	derivative Securities Beneficially Owned Following Reported		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction (Instr. 4)			
Restricted Stock Units	(1)	10/01/2024		A		110,000		(2)	(2)	Common Stock	110,000	\$0	110,000	0	D	
Stock Option (Right to Buy)	\$0.4499	10/01/2024		A		110,000		(3)	09/30/2034	Common Stock	110,000	\$0	110,000	0	D	

Explanation of Responses:

- 1. Each restricted stock unit ("RSU") represents a contingent right to receive one (1) share of Issuer's common stock.
- 2. One-third (1/3rd) of the RSUs shall vest on each of December 31, 2024, June 30, 2025 and December 31, 2025, subject to the Reporting Person continuing to be a Service Provider (as defined in the Issuer's 2020 Equity Incentive Plan (the "Plan")) through the applicable vesting dates.
- 3. One-third (1/3rd) of the shares subject to the option shall vest on each of December 31, 2024, June 30, 2025 and December 31, 2025, subject to the Reporting Person continuing to be a Service Provider through the applicable vesting dates.

/s/ Mark Worthington

10/03/2024

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.