FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, [D.C. 20549
---------------	------------

STATEMENT OF CHANGES IN BENEFICIAL	OWNERSHIP

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average b	ourden						
hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Worthington Mark					2. Issuer Name and Ticker or Trading Symbol Athira Pharma, Inc. [ATHA]								Chec	k all applica Director	,	Persoi	n(s) to Issu 10% Ow Other (s)	ner
(Last) (First) (Middle) C/O ATHIRA PHARMA, INC.					3. Date of Earliest Transaction (Month/Day/Year) 01/18/2022								X	below)			below)	
18706 NORTH CREEK PARKWAY, SUITE 104				4	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable					
(Street) BOTHEL	LL W	/A	98011									_ine) X	-/					
(City)	(S	tate)	(Zip)															
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
Date			. Transacti ate Month/Day	Execution Date,		Code (Instr.					s Formulay (D) (ollowing (1) (1)		Direct II Indirect E tr. 4) C	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
								Code	v	Amount	mount (A) or (D)		e	Transaction	Transaction(s) (Instr. 3 and 4)			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Yea	Code		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amor of Securities Underlying Derivative Secur (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)		Date Exercisable		cpiration ate	Title	Amour or Numbe of Shar	er		(Instr. 4)	(3)		
Stock Option (Right to Buy)	\$10.64	01/18/2022		A		150,000		(1)	01	1/17/2032	Common Stock	150,0	000	\$0.00	150,000	0	D	

Explanation of Responses:

1. One forty-eighth (1/48th) of the shares subject to the option will vest on February 18, 2022, and one forty-eighth of the shares subject to the option will vest each month thereafter.

Remarks:

/s/ Glenna Mileson, Attorneyin-fact for Mark Worthington

01/20/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.