SEC For	m 4																	
FORM 4 UNIT				ED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549											OMB APPROVAL			
Section 16. Form 4 or Form 5 obligations may continue. See					NT OF CHANGES IN BENEFICIAL OWNE d pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940								SHIP	Estim	OMB Number: 3235-0287 Estimated average burden hours per response: 0.5			
1. Name and Address of Reporting Person [*] MILESON GLENNA									ker or Trading Inc. [ATH			heck all applie Directo	cable)	, 10% Owne		ner		
(Last) (First) (Middle) C/O ATHIRA PHARMA, INC.					3. Date of Earliest Transaction (Month/Day/Year) 02/18/2021								X Oncer (gree fue of the specify below) Chief Financial Officer				pecny	
18706 NORTH CREEK PARKWAY, SUITE 104					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) BOTHE	Street) BOTHELL WA 98011												X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State) (Zip)																		
		Tab	le I - Non	-Deriva	ative	e Se	curities	s Ac	quired, D	isposed o	of, or Be	eneficia	Ily Owned	l				
1. Title of Security (Instr. 3) 2. Transa Date (Month/D					ear)	2A. Deemed Execution Date if any (Month/Day/Yea		Code (Ins	on Dispose			Benefici Owned F	s Form Illy (D) o ollowing (I) (Ir		n: Direct or Indirect Instr. 4)	7. Nature of Indirect Beneficial Ownership		
									Code V	Amount	(A) (D)	or Price	Reported Transact (Instr. 3	tion(s)			(Instr. 4)	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	ate, Ti C	ransaction ode (Instr.		5. Number		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amor of Securities Underlying Derivative Secur (Instr. 3 and 4)		Derivative Security	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				c	ode	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amoun or Numbe of Shares						
Stock Option (Right to Buy)	\$21.15	02/18/2021			A		73,500		(1)	02/17/2031	Commor Stock	73,50) \$0.00	73,50)0	D		

Explanation of Responses:

1. One-fourth of the shares subject to the option will vest on January 8, 2022, and one-fourth of the shares subject to the option will vest on each year thereafter.

Remarks:

/s/ Glenna Mileson

02/21/2021

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.