# FORM 4

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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

to Section 16.	Form 4 or Form 5 ay continue. See		d pursuant to Section 16(a) of the Securities Exchange Act of 193 or Section 30(h) of the Investment Company Act of 1940	Estimated average burden hours per response: 0.5		
1. Name and Address of Reporting Person <sup>*</sup> <u>MILESON GLENNA</u>			2. Issuer Name <b>and</b> Ticker or Trading Symbol Athira Pharma, Inc. [ ATHA ]	(Check all applic Director	,	
(Last) C/O ATHIRA 18706 NORTI		(Middle) IC. RKWAY, SUITE 104	3. Date of Earliest Transaction (Month/Day/Year) 12/28/2022	below)	below) ief Financial Officer	
(Street) BOTHELL WA 98011			4. If Amendment, Date of Original Filed (Month/Day/Year)	Line) X Form fil	oint/Group Filing (Check Applicabl ed by One Reporting Person ed by More than One Reporting	e
(City)	(State)	(Zip)		1		

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr.		4. Securities Disposed Of			Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock <sup>(1)</sup>	11/18/2022 <sup>(2)</sup>		A	v	763	A	<b>\$</b> 2.74 <sup>(3)</sup>	109,930	D	
Common Stock	12/28/2022		Р		50,000	Α	\$2.845(4)	159,930	D	

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	(													
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		of Ex				7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares			

#### Explanation of Responses:

1. The reporting person is voluntarily reporting the acquisition of shares of the issuer's common stock pursuant to the Athira Pharma, Inc. 2020 Employee Stock Purchase Plan ("ESPP"), for the ESPP Purchase Period (as defined in the ESPP) of May 18, 2022 through November 18, 2022. This transaction is also exempt under Rule 16b-3(c).

2. The Purchase Period ended November 18, 2022 and is the sole Purchase Period in the Offering Period (as defined in the ESPP) that began May 18, 2022.

3. In accordance with the ESPP, these shares were purchased based on 85% of the closing price on November 18, 2022.

4. The reported price is a weighted average price. These shares were purchased in multiple transactions at prices ranging from \$2.93 to \$2.98, inclusive. The reporting person undertakes to provide the Issuer, any security holder of the Issuer, or the staff of the SEC, upon request, full information regarding the number of shares purchased at each separate price within such range

#### Remarks:

# /s/ Glenna Mileson

\*\* Signature of Reporting Person Date

12/30/2022

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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